

CHILDREN'S ACTIVITIES



Happy Hearts Valentine Party

(Ages: 2 to 5yrs) Celebrate Valentine's Day with your little one! We'll enjoy valentine's games, activities, treats and more! Parents must attend with child. Parent's are free with paid child.

5454.201 F, 13-Feb 10:30 AM - 11:30 AM
Community Center Instructor: Parks & Rec Staff
\$8 City, Non-City Resident
Registration Begins: 1/6 City 1/13 Non-City

Little Creative Minds - Art Exploration

(Ages: 2 to 4yrs) In this parent/child class, children are able to experiment, explore and express their creative side using a variety of art materials. The class will begin with a fun, age appropriate project and then parent/child are free to explore other mediums and materials. Materials include but not limited to dry media, paints, dough, stencils, markers and clay. New projects are introduced each month so come back again and again for more fun! Supplies are included.

5450.102 M, 5-Jan to 19-Jan 10:30 AM - 11:15 AM \$48
5450.103 Tu, 6-Jan to 27-Jan 10:30 AM - 11:15 AM \$48
5450.104 M, 2-Feb to 23-Feb 10:30 AM - 11:15 AM \$36
5450.108 Tu, 3-Feb to 24-Feb 10:30 AM - 11:15 AM \$48
5450.105 M, 2-Mar to 30-Mar 10:30 AM - 11:15 AM \$60
5450.110 Tu, 3-Mar to 31-Mar 10:30 AM - 11:15 AM \$60
5450.106 M, 6-Apr to 20-Apr 10:30 AM - 11:15 AM \$36
5450.109 Tu, 7-Apr to 28-Apr 10:30 AM - 11:15 AM \$36
5450.107 M, 4-May to 18-May 10:30 AM - 11:15 AM \$36
5450.111 Tu, 5-May to 26-May 10:30 AM - 11:15 AM \$36
Community Center Instructor: The Creative Side, Inc.
Fees same City and Non-City Resident
Registration Begins: 1/6 City 1/13 Non-City

Kinder Dance

(Ages: 3 to 5yrs) Kinderdance is a planned developmental dance/movement program taught in 3 levels, stressing the basics of ballet, tap, and creative dance while blending educational concepts. No class on April 16th; makeup class is April 30th.

4430.202 Th, 8-Jan to 29-Jan 10:45 AM - 11:30 AM
4430.204 Th, 5-Mar to 26-Mar 10:45 AM - 11:30 AM
4430.101 Th, 2-Apr to 30-Apr 10:45 AM - 11:30 AM
4430.102 Th, 7-May to 28-May 10:45 AM - 11:30 AM

Community Center Instructor: Kinder Dance Staff
\$55 City, \$65 Non-City Resident
Registration Begins: 1/6 City 1/13 Non-City

Wee Time!

(Ages: 10 mths to 4 yrs) Does your toddler need other children to play with? Is it time to hear a voice that's over 4 years old? Join us for this playgroup designed for parents with toddlers. Come and join this parent-driven, non-structured group providing experience for your little ones. Parents must supervise their children, and all children must be registered. We will supply the room and toys - you supply the children! Siblings 9 months and under attend for free!

4722.201 F, 5-Dec to 26-Dec 10:30am-11:30am
4722.203 F, 9-Jan to 30-Jan 10:30 AM - 11:30 AM
4722.205 F, 6-Feb to 27-Feb 10:30 AM - 11:30 AM
4722.207 F, 6-Mar to 27-Mar 10:30 AM - 11:30 AM
4722.208 F, 3-Apr to 24-Apr 10:30 AM - 11:30 AM
4722.209 F, 1-May to 22-May 10:30 AM - 11:30 AM
\$12 City and Non-City Resident per child per session
Community Center Instructor: Cooke, Charline
Registration Begins: 1/6 City 1/13 Non-City

Mother's Mart 2009

Sundays

1:00pm - 3:00pm

Community Center,
408 Canal Street

February 8th

May 3rd

August 9th

November 8th

Pick up some "new" toys and clothes for your children. Or clean out your closets and come sell your children's clothes, toys and baby items. Mother's Mart is the place to be if you have growing kids!

Table Spaces are \$12 each with a limit of 2 tables per person. Spaces fill on a first-come, first-served basis.
Call 372-1086 ext. 0 for information.

Registration for February begins December 16th.

CHILDREN'S ACTIVITIES CONTINUED...

Drawing for all ages

Using dry media, students learn about composition, proportion, placement, shading, and other basic drawing techniques. Class assignments are age appropriate and are geared to help the individual child express his/her own creative ideas at their level of artistic ability. New ideas are introduced each month so come back again and again for more creative fun! Students need to bring a 11x14 sketch pad, Graphite pencils (HB,2B,3B,6B, 8B) eraser,pencil sharpener, pencil box.

(Ages: 5 to 7yrs)

4012.216 W, 7-Jan to 28-Jan 4:30 PM - 5:00 PM

4012.217 W, 4-Feb to 25-Feb 4:30 PM - 5:00 PM

4012.218 W, 4-Mar to 25-Mar 4:30 PM - 5:00 PM

4012.220 W, 1-Apr to 29-Apr 4:30 PM - 5:00 PM

4012.219 W, 6-May to 27-May 4:30 PM - 5:00 PM

\$40 City and Non-City Resident

April class: \$50 City and Non-City Resident

(Ages: 8 to 10yrs)

4012.221 W, 7-Jan to 28-Jan 5:05 PM - 5:50 PM

4012.222 W, 7-Jan to 28-Jan 7:00 PM - 7:45 PM

4012.223 W, 4-Feb to 25-Feb 5:05 PM - 5:50 PM

4012.224 W, 4-Feb to 25-Feb 7:00 PM - 7:45 PM

4012.225 W, 4-Mar to 25-Mar 5:05 PM - 5:50 PM

4012.227 W, 4-Mar to 25-Mar 7:00 PM - 7:45 PM

4012.226 W, 1-Apr to 29-Apr 5:05 PM - 5:50 PM

4012.228 W, 1-Apr to 29-Apr 7:00 PM - 7:45 PM

4012.229 W, 4-May to 25-May 5:05 PM - 5:50 PM

4012.330 W, 6-May to 27-May 7:00 PM - 7:45 PM

\$48 City and Non-City Resident

April class: \$60 City and Non-City Resident

(Ages: 11 to 18yrs)

4012.331 W, 7-Jan to 28-Jan 6:00 PM - 6:45 PM

4012.332 W, 4-Feb to 25-Feb 6:00 PM - 6:45 PM

4012.333 W, 4-Mar to 25-Mar 6:00 PM - 6:45 PM

4012.334 W, 1-Apr to 29-Apr 6:00 PM - 6:45 PM

4012.335 W, 6-May to 27-May 6:00 PM - 6:45 PM

\$48 City and Non-City Resident

April class: \$60 City and Non-City Resident

Community Center Instructor: The Creative Side, Inc.

Registration Begins: 1/6 City 1/13 Non-City

Painting & Drawing for all ages

Students learn about the materials and tools, planning a painting, techniques, color basics and mixing of colors, and light and shadow using water colors and/or acrylics. Students will also learn basic drawing skills such as composition, proportion, placement and shading. Students need to bring a 11x 14 sketch pad, 11 x14 watercolor pad (149lb), Graphite pencils (HB,2B,4B,6B: eraser,pencil sharpener, pencil box.

(Ages: 5 to 7yrs)

4012.336 Th, 8-Jan to 29-Jan 4:30 PM - 5:15 PM

4012.339 Th, 5-Feb to 26-Feb 4:30 PM - 5:15 PM

4012.342 Th, 5-Mar to 26-Mar 4:30 PM - 5:15 PM

4012.345 Th, 2-Apr to 30-Apr 4:30 PM - 5:15 PM

(Ages: 8 to 10yrs)

4012.337 Th, 8-Jan to 29-Jan 5:25 PM - 6:10 PM

4012.340 Th, 5-Feb to 26-Feb 5:25 PM - 6:10 PM

4012.343 Th, 5-Mar to 26-Mar 5:25 PM - 6:10 PM

4012.346 Th, 2-Apr to 30-Apr 5:25 PM - 6:10 PM

(Ages: 11 to 18yrs)

4012.338 Th, 8-Jan to 29-Jan 6:15 PM - 7:00 PM

4012.341 Th, 5-Feb to 26-Feb 6:15 PM - 7:00 PM

4012.344 Th, 5-Mar to 26-Mar 6:15 PM - 7:00 PM

4012.347 Th, 2-Apr to 30-Apr 6:15 PM - 7:00 PM

Community Center Instructor: The Creative Side, Inc.

\$48 City and Non-City Resident

April class: \$60 City and Non-City Resident

Registration Begins: 1/6 City 1/13 Non-City



Calling all child artists!! Now is the time to perfect your artworks. We'll be accepting children's artwork this March for the 2009 Children's Art Show. The Children's Art Show is open to all children 4 year old through the 12th grade. It's a great opportunity for young artists to show their stuff! For information, call 372-1086 ext. 0. or see the complete listing on page 63.

Calling all Picassos!

CHILDREN'S ACTIVITIES CONTINUED...

FENCING CLASSES FOR EVERYONE

Fencing for homeschoolers

(Ages: 8 to 16yrs) Homeschoolers - try something new and fun! Our fencing instructor will teach you the basic stance and how to lunge. At registration you may opt to rent equipment or bring your own. Class size is limited, register early!

4400.201 M Th, 15-Jan to 19-Feb 12:30 PM - 1:30 PM
Community Center Instructor: Taylor-McNally, Dan
\$60 City, \$65 Non-City Resident
Registration Begins: 12/17 City 12/22 Non-City

Beginner & Intermediate Fencing

(Ages: 8 to 16yrs) Fencing is here! Try out this new program to Parks and Recreation. Our trained instructor will meet with you once a week to teach you the fundamentals of this sophisticated sport. Learn stances and how to foil. At the first day of class, you will need to rent equipment for \$20, or you can bring your own. Take this opportunity to get off the couch, and learn something new. Class size is limited, don't miss your chance, sign up today!

4444.206 Tu, 13-Jan to 17-Feb 6:30 PM - 7:30 PM
4444.207 Tu, 10-Mar to 14-Apr 6:30 PM - 7:30 PM

Community Center Instructor: Taylor-McNally, Dan
\$60 City, \$65 Non-City Resident
Registration Begins: 12/17 City 12/22 Non-City

Little Tykes Fencing for homeschoolers

(Ages: 4 to 7yrs) Homeschoolers - Try out this new Parks & Recreation program. Our trained instructor teach you the fundamentals of this sophisticated sport. Learn stances and how to foil. At registration you can opt to rent equipment or bring your own. Take this opportunity to get off the couch, and learn something new. Class size is limited, sign up today!

4444.115 Th, 15-Jan to 19-Feb 12:30 PM - 1:30 PM
Community Center Instructor: Taylor-McNally, Dan
\$60 City, \$65 Non-City Resident
Registration Begins: 12/17 City 12/22 Non-City

\$20 supply fee due to instructor on the first day of class for all fencing classes

HAVE BLADE...WILL TRAVEL

Dan Taylor-McNally has been fencing for 25 years and was rated 86th in the nation at the National Championships. Dan has taught fencing in during PE and after school at private and public high schools and middle schools, churches, boys and girls clubs, parks and recreation departments, and private lessons. He successfully taught classes of over 100 students.

Fencing is a great sport that teaches discipline because you must learn to control the intricacies of your movements. It is a great alternative sport to those that may not feel like they fit in with the mainstream sports.



Tuesdays in May, June & September

Lunchtime at Hurkamp Park



Keep Lunch Alive!

We need your support to Keep everyone's favorite lunch concert series going!

Now accepting \$300 sponsors for each of the lunchtime concerts

Perfect opportunity for businesses and volunteer groups!

Interested in sponsoring a concert?
Children's: (540) 372-1086 ext. 208

Call (540) 372-1086 x215 for more info
13 www.fredericksburgva.gov

CHILDREN'S ACTIVITIES CONTINUED...

Easter Egg Hunt

Children 3rd grade and younger enjoy this outdoor egg hunt at Memorial (Kenmore) Park located on Mary Ball Street, downtown Fredericksburg. Bring a basket to collect your eggs in! The Easter Bunny might just be there too! FREE admission.

Saturday, April 4th
12:30 PM

Rain date: April 18th Volunteers welcome!

Cosponsored by Fredericksburg Parks & Recreation
and the Fredericksburg Jaycees
For info, call 372-1086 ext. 217

Class I - Act Up!

(Ages: 8 to 13yrs) Act Up - We will cover safety, character and focus, relaxation techniques and warm ups, 10 elements of acting, and improvisation and pantomime. Class is offered by The Daydream Factory.

3211.405 Sa, 17-Jan to 14-Feb 9:30 AM - 11:00 AM

3211.406 Sa, 28-Feb to 28-Mar 9:30 AM - 11:00 AM

Community Center Instructor: Dream Factory Staff
\$120 City and Non-City Resident
Registration Begins: 1/6 City 1/13 Non-City

Class II- Standing Ovation

(Ages: 8 to 13yrs) Standing Ovation covers performance safety, learning the stage, taking direction, character relationship, movement, blocking and grouping, cues, timing and auditioning. Class features a short production at the end.

3211.407 Sa, 11-Apr to 9-May 9:30 AM - 11:00 AM

Community Center Instructor: Dream Factory Staff
\$120 City and Non-City Resident
Registration Begins: 1/6 City 1/13 Non-City

Easter Bunny Breakfast

(Ages: 2 to 5yrs) Hop on over to enjoy a rabbit story and create a bunny craft. Enjoy your breakfast, and even a special visit from the Easter Bunny! Everything is included. Parent free with paying child!

4020.301 Th, 9-Apr to 9-Apr 10:30 AM - 12:00 PM

Community Center Instructor: Staff, P&R
\$9 City, Non-City Resident
Registration Begins: 1/6 City 1/13 Non-City

Air-mazing Science Stuff

(Ages: 8 to 15yrs) Get ready to Air-Maze yourself with some really cool science experiments about AIR that will blow you away! Defy logic and create a fountain in a bottle, and even bake ice cream! We'll do these and lots of other experiments. Psst...Mom and Dad, the kids are actually learning physics but don't tell them!!! Join us for these and more fun activities in the very air-mazing class!

4412.206 Sa, 21-Mar 11:00 AM - 12:15 PM

Community Center
Instructor: Mahoney-Smith, Sheila
\$15 City and Non-City Resident
Registration Begins: 1/6 City 1/13 Non-City

Mountain Apple Basket

(Ages: 13 to Adult) This round based basket has a bump in the bottom that allows apples to be carried without rolling into each other. The bottom is doubled and is twined; the sides are a continuous weave. Create your own insert handle and lash on a rim. Color to complete project. Homework is involved. A \$22.00 supply fee is included in the price.

4043.302 Sa, 11-Apr to 18-Apr 9:00 AM - 1:15 PM

Community Center Instructor: Wells, Debby
\$69 City and Non-City Resident
Registration Begins: 1/6 City 1/13 Non-City

RAD for Kids

(Ages: 8 to 10yrs) Help your children learn the things to look out for and the things they can do to protect themselves should they find themselves in a scary situation. This program is being brought to you in conjunction with the Fredericksburg Police Dept. as a community service. Space is limited.

2512.303 M, 2-Feb to 23-Feb 5:00 PM - 7:00 PM

Fredericksburg Police Department
Instructor: Jones, Sheila
\$12 City and Non-City Resident
Registration Begins: 1/6 City 1/13 Non-City

**It's not too late to
Volunteer**
at First Night Fredericksburg
2 and 4 hour shifts available • Individuals and Families welcome



CHILDREN'S ACTIVITIES CONTINUED...

Beginner Guitar

(Ages: 12 to Adult) Would you like to play the guitar? Clifton Jackson, an accomplished guitarist, will provide 30-minute guitar lessons. Students must bring their own guitar and notepad. You'll learn how to hold a guitar and pick, the names of parts of the guitar, a scale, a few chords, and a couple of songs. Lessons are group oriented. Space is limited to offer a strong learning environment. Open to ages 12& up.

5310.502 M, 12-Jan to 2-Feb 4:00 PM - 4:30 PM
5310.503 M, 12-Jan to 2-Feb 4:35 PM - 5:05 PM
5310.504 M, 9-Feb to 2-Mar 4:00 PM - 4:30 PM
5310.505 M, 9-Feb to 2-Mar 4:35 PM - 5:05 PM
5310.506 M, 9-Mar to 30-Mar 4:00 PM - 4:30 PM
5310.507 M, 9-Mar to 30-Mar 4:35 PM - 5:05 PM
 Community Center Instructor: Johnson, Clifton
 \$120 City, \$125 Non-City Resident
 Registration Begins: 1/6 City 1/13 Non-City

Intermediate Guitar

(Ages: 12 to Adult) A continuing class for students who had one session of the Beginner Guitar. Ages 12 & up.

5310.508 M, 13-Apr to 4-May 4:00 PM - 4:30 PM
5310.509 M, 13-Apr to 4-May 4:35 PM - 5:05 PM
 Community Center Instructor: Johnson, Clifton
 \$120 City, \$125 Non-City Resident
 Registration Begins: 1/6 City 1/13 Non-City

Touch-A-Truck

Just for kids of all ages only at Lunch at Hurkamp. Kids of all ages have fun visiting different trucks.

May, June, September
12:00pm-1:00pm
Free!

Hurkamp Park, Fredericksburg

Call Fredericksburg Parks & Recreation at
 (540) 372-1086 ext. 217 for more info

Children's Candy Making

(Ages: 6 to 12yrs) Candy making has never been so fun or so easy. Each participant will be able to make their own candy and enjoy.

4295.203 Tu, 17-Mar 4:30 PM - 6:00 PM
 Community Center Instructor: Parks & Rec Staff
 \$12 City, Non-City Resident
 Registration Begins: 1/6 City 1/13 Non-City

Kid Doctors: Code Blue Scrubs

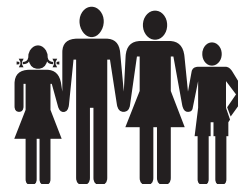
(Ages: 7 to 13yrs) From the skin to the bone, young physicians will discover the mysteries of the human anatomy, practice the science of medical inquiry, and the art of diagnosis. For more information, call DaVinci's Kids at 540-322-1588.

4516.212 Th, 26-Mar to 23-Apr 6:30 PM - 8:00 PM
 Community Center Instructor: Davinci Kids Staff
 \$99 City and Non-City Resident
 Registration Begins: 1/6 City 1/13 Non-City

ASHI Pet First Aid

(Ages: 10 to Adult) Will you know what to do when your pet needs help? Your pet depends on you for his or her well-being. Our Pet First Aid course teaches emergency care procedures for cats and dogs and provides tips for keeping your pet happy and healthy too. Among the things you will learn are; How to approach a sick or injured animal; administering medications; recognizing an emergency; performing CPR and first aid; treating common problems and emergencies requiring immediate attention; and what to stock in a pet first aid kit.

4814.122 Th, 19-Mar 9:30 AM - 1:30 PM
4814.123 W, 27-May 9:30 AM - 1:30 PM
 Community Center Instructor: Carpenter, Tim
 \$35 City, \$40 Non-City Resident
 Registration Begins: 1/6 City 1/13 Non-City



We missed you...

Each class has a limited number of spaces - which may fill quickly. And on those classes that haven't already filled -- we may cancel due to lack of enrollment. Either way those who were planning to sign up at a later date miss out!! Don't wait to sign up!

CHILDREN'S ACTIVITIES CONTINUED...

Easter Egg Hunt

Children 3rd grade and younger enjoy this outdoor egg hunt at Memorial (Kenmore) Park. Bring a basket to collect your eggs in! The Easter Bunny might just be there too! FREE admission.

Saturday, April 4th
12:30 PM

Rain date: April 18th Volunteers welcome!
Cosponsored by Fredericksburg Parks & Recreation
and the Fredericksburg Jaycees
For info, call 372-1086 ext. 217



Open to the public
May 23 - August 23, 2009

Swimming, Lessons, Events and more!
Located in Dixon Park, on Rt. 2 & 17.
Call 372-1086 or 310-0665 for details.

HAVE IDEAS?

DO YOU HAVE A TALENT YOU'D LIKE TO SHARE? OR AN IDEA FOR A NEW CLASS OR PROGRAM? KNOW SOMEONE WHO'D MAKE A GREAT INSTRUCTOR?

**WE ARE ALWAYS LOOKING FOR
NEW PROGRAM IDEAS AND
CLASS INSTRUCTORS!**

CONTACT JOANNE JONES IF YOU'VE GOT
IDEAS OR TALENT TO SHARE!

FLEXIBLE CLASS SCHEDULES - DAYS, NIGHTS,
AND EVEN WEEKENDS ● MULTIPLE PAY
SCHEDULES/FORMATS

JOANNE JONES: 372.1086 x217



STARFIRES DANCE AND CHEER

**Starfires Dance N' Cheer is now under
new co-direction!
Come see what's new!**

Starfires is a continuing and progressive program that your children will love! Performances, parades, and competitions start in the fall! Starfires who wish to perform or compete in these events will have additional monetary requirements (uniforms and competition fees, etc) in addition to the class fees. Students are always welcome to join Starfires and wish not to perform and/or compete at any time.

The Starfires "year" program runs from
September through May.

"Mighty Mites" Dance N' Cheer

(Ages: 1st - 3rd Grade)

This popular program is full of dance movement and beginner cheer action that's just right for 1st through 3rd graders! These "little ladies" will certainly learn to be "show-stoppers!" The Mighty Mites perform in local shows, parades, and competitions beginning in the fall. No experience necessary!

20 week session (No Class the week of Easter)

Meets: Thursdays, 4:40-5:30pm 8-Jan to 28-May, 2009

Price: \$80 City, \$90 Non-City Resident

Full Year Fee: \$120 City, \$150 Non-City

Community Center Instructor: Starfires Staff

"Extreme" Dance N' Cheer

(Ages: 3rd- 12th Grade)

This is exciting chance to learn high-spirited dance routines, while developing poise, coordination, and showmanship! Learn motions, kicks, jumps, leaps, turns, and a variety of dance styles to great music! This class is a chance to prepare for high school tryouts, as well as perform in local parades, shows, and competitions! Join the award-winning, team-spirited Starfires and bring a friend with you! No experience necessary!

*3rd graders: readiness level will be evaluated at first practice.

20 week session (No Class the week of Easter)

Meets: Thursdays, 5:30-7:30pm 8-Jan to 28-May, 2009

Price: \$88 City, \$98 Non-City Resident

Full Year Fee: \$144 City, \$174 Non-City

Community Center Instructor: Starfires Staff

For more info: starfiresdancenceer@yahoo.com



GOT STUDENTS?

DO YOU ALREADY TEACH A
CLASS OR RUN A PROGRAM
BUT DON'T WANT TO WORRY
ABOUT REGISTRATION? NEED TO
PROMOTE YOUR CLASS?

**INCLUDE YOUR CLASS AS
A PARKS & REC OFFERING
AND WE'LL DO THE HARD
WORK FOR YOU!**

CONTACT JOANNE JONES IF YOU'VE
GOT STUDENTS!

CLASS REGISTRATION ● LISTING IN
40,000+ PARKS & REC CATALOGS

JOANNE JONES: 372.1086 x217

First Night Fredericksburg 2009

*6:30PM to Midnight
Wednesday, December 31st*

* live music and entertainment
for all ages

* special childrens parade and
early countdown

* a way for the whole family to
celebrate the New Year together!

www.firstnightfredericksburg.com

CHILDREN'S ACTIVITIES CONTINUED...

Beginning Horseback Riding for Children

(Ages: 7 to 12yrs) This exciting program is designed for anyone who is interested in learning to ride. You don't need a horse, or special equipment, just a desire to learn and a love of horses. This is a hands on, get in the saddle class that will cover such topics as Novice Horse Safety, Beginning Ground Training , Grooming, Tacking (understanding variety of horse equipment)as well as Beginner Riding Skills. A great start for you horse lovers who want to try this beautiful sport. Classes are held out at the lovely White Buffalo Horse Farm in Orange Co. (just off Rt. 20 near Locust Grove). Class size is limited to 6 riders!

4352.200 Su, 11-Jan to 1-Feb 2:00 PM - 3:00 PM

4352.201 Su, 8-Feb to 1-Mar 2:00 PM - 3:00 PM

4352.202 Su, 8-Mar to 29-Mar 2:00 PM - 3:00 PM

4352.203 Su, 5-Apr to 26-Apr 2:00 PM - 3:00 PM

4352.204 Su, 3-May to 24-May 2:00 PM - 3:00 PM

White Buffalo Horse Farm Instructor: Watson, Judy

\$120 City, \$140 Non-City Resident

Registration Begins: 1/6 City 1/13 Non-City

Horseback Riding - Beginners Plus

(Ages: 7 to Adult) This class is for beginners who have some exposure to horses and a basic understanding of tacking & communicating aids. Classes are held out at the lovely White Buffalo Horse Farm in Orange Co. (just off Rt. 20 near Locust Grove). Class size is limited to 6 riders!

4351.421 Su, 11-Jan to 1-Feb 11:00 AM - 12:00 PM

4351.422 Su, 8-Feb to 1-Mar 11:00 AM - 12:00 PM

4351.423 Su, 8-Mar to 29-Mar 11:00 AM - 12:00 PM

4351.425 Su, 5-Apr to 26-Apr 11:00 AM - 12:00 PM

4351.424 Su, 3-May to 24-May 11:00 AM - 12:00 PM

White Buffalo Horse Farm Instructor: Watson, Judy

\$120 City, \$140 Non-City Resident

Registration Begins: 1/6 City 1/13 Non-City

Horseback Riding for Everyone!

(Ages: 7 to Adult) This exciting program is designed for anyone who is interested in learning to ride. You don't need a horse, or special equipment, just a desire to learn and a love of horses. This is a hands on, get in the saddle class that will cover such topics as Novice Horse Safety, Beginning Ground Training , Grooming, Tacking (understanding variety of horse equipment)as well as Beginner Riding Skills. A great start for you horse lovers who want to try this beautiful sport. Classes are held out at the lovely White Buffalo Horse Farm in Orange Co. (just off Rt. 20 near Locust Grove). Children under seven(7) may be approved by instructor. Class size is limited to 6 riders!

4351.450 W, 7-Jan to 28-Jan 4:00 PM - 5:00 PM

4351.127 W, 4-Feb to 25-Feb 4:00 PM - 5:00 PM

4351.215 W, 4-Mar to 25-Mar 4:00 PM - 5:00 PM

4351.301 W, 1-Apr to 22-Apr 4:00 PM - 5:00 PM

4351.315 W, 6-May to 27-May 4:00 PM - 5:00 PM

White Buffalo Horse Farm Instructor: Watson, Judy

\$120 City, \$140 Non-City Resident

Registration Begins: 1/6 City 1/13 Non-City

Horseback Riding for Adults

(Ages: 13 to Adult) This exciting program is designed for ages 13 and up. You don't need a horse, or special equipment, just a desire to learn and a love of horses. This is a hands on, get in the saddle class. A great start for you horse lovers who want to try this beautiful sport. Classes are held at the White Buffalo Horse Farm in Orange Co. (just off Rt. 20 near Locust Grove). Class size is limited to 6 riders!

4351.201 Su, 11-Jan to 1-Feb 3:30 PM - 4:30 PM

4351.202 Su, 8-Feb to 1-Mar 3:30 PM - 4:30 PM

4351.203 Su, 8-Mar to 29-Mar 3:30 PM - 4:30 PM

4351.204 Su, 5-Apr to 26-Apr 3:30 PM - 4:30 PM

4351.205 Su, 3-May to 24-May 3:30 PM - 4:30 PM

White Buffalo Horse Farm Instructor: Watson, Judy

\$120 City, \$140 Non-City Resident

Registration Begins: 1/6 City 1/13 Non-City

YOU JUST MISSED THE RIDE!

Next year's Ride:
November 14, 2009
Fredericksburg, Virginia



BYOH • BRING YOUR OWN HORSE.

Together we'll enjoy a ride through
historic downtown.

Registration starts in October 2009.

Ooops! We are human...

Our editors have worked hard to ensure accuracy within our publication. We apologize if something has slipped past our editors. Please call us with any questions.

CHILDREN'S ACTIVITIES CONTINUED...

Party at Pennsylvania Ave

(Ages: 6 to 18yrs) We will Cook up Some Fun while learning about State dinners and some presidential fun facts. Come learn how to make Apple Brown Betty, Presidential Corn Beef Hash, Caramel Tomatoes and Mrs. Garfield's White Loaf Bread.

4010.200 M, 19-Jan 9:00 AM - 12:00 PM
Young Chefs Academy
\$30 City, \$35 Non-City Resident
Registration Begins: 1/6 City 1/13 Non-City

Winter Sport Day

(Ages: 6 to 18yrs) Winter Sport Day! BRRR! It is cold outside but it is warm in our Kitchens. Come learn some Hockey History as we cook up Blue Line Bread, Check the Grilled Cheese, Slap-Shot Soup with Basil, Icy Cookies, and Warming Hut Brew.

4010.201 M, 26-Jan 9:00 AM - 12:00 PM
Young Chefs Academy
\$30 City, \$35 Non-City Resident
Registration Begins: 1/6 City 1/13 Non-City

Sweets for my Sweet

(Ages: 6 to 18yrs) We will create and package Sweet Heart Brownies, Meringue Kisses and Fudgy BonBons for someone special in your life!

4010.203 W, 11-Feb 6:00 PM - 8:00 PM
Young Chefs Academy
\$30 City, \$35 Non-City Resident
Registration Begins: 1/6 City 1/13 Non-City

Kids Night Out!

(Ages: 6 to 18yrs) Join us for a fun filled night of bingo and cooking. There will be prizes and food for all. Kids will help prepare the food and play bingo for prizes while the parents enjoy an evening to themselves.

4010.202 F, 13-Mar 6:00 PM - 9:00 PM
Young Chefs Academy
\$40 City, \$45 Non-City Resident
Registration Begins: 1/6 City 1/13 Non-City



Budding chefs participate in hands on preparation of real recipes that they taste at the end of each class and receive copies of each recipe that they helped prepare!

Camp Adventure

(Ages: 6 to 18yrs) Join us for 3 days of fun as we travel back to the Medieval Period and enjoy a Knights feast of Trenchers, Tart of Spinnage, Pate Brisee, roasted apples etc. then we are off to the Sea to see what Pirates eat, we will make our own buried treasure, Crabby Patties and more, the third day of our adventure will take us into Orbit where we will discover Meteorites, Moon bread etc... You do not want to miss this exciting adventure. Sign up now spots fill quickly. Daily rates are available too!

4010.204
Tu W Th, 14-Apr to 16- Apr 9:00 AM - 12:00 PM
Young Chefs Academy
\$105 City, \$120 Non-City Resident
One Day: \$40 City, \$45 Non-City Resident
Registration Begins: 1/6 City 1/13 Non-City

All classes held at Young Chefs Academy.

The Academy is located at the corner of Lafayette Blvd and Olde Greenwich Dr.

Registration and Questions?
Call 372-1086 x217

Want info on other events at the YCA Kitchen?
Contact YCA at 540-479-6615